



BREAKFAST
LUNCH

FEBRUARY 2018

NORTH VALLEY ACADEMY

All meals are served with a food bar and your choice of low-fat flavored or white milk.
We use whole grain breads. All foods are baked.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>BREAKFAST BURRITO FRESH FRUIT 5</p> <p>BEEF FAJITAS PINTO BEANS MANDARIN ORANGE ANIMAL CRACKERS MUSTARD & MAYO</p>	 <p>BREAKFAST PIZZA FRESH FRUIT 6</p> <p>FRITO PIE CARROTS CANTALOUPE TORTILLA LETTUCE & TOMATO, DICED</p>		<p>APPLE FRUDEL FRESH FRUIT 1</p> <p>BEEF TACO HARD PINTO BEANS CINNAMON APPLE SLICES LETTUCE & TOMATO, DICED PICANTE SAUCE</p>	<p>POP TART FRESH FRUIT 2</p> <p>CHICKEN NUGGETS FRESH FRUIT MIXED VEGETABLES KETCHUP WHOLE WHEAT ROLL</p>
<p>POP TART FRESH FRUIT 12</p> <p>MINI CORNDOGS BAKED BEANS MANDARIN ORANGE</p>	<p>NUTRI GRAIN YOGURT FRESH FRUIT 13</p> <p>BEEF RAVIOLI CARROTS ICE DOG BREADSTICKS</p>	<p>OATMEAL TOAST, 1 SLICE FRESH FRUIT 7</p> <p>MEATLOAF APRICOTS WHIPPED POTATOES DINNER ROLL</p>	<p>BISCUIT & SAUSAGE SANDWICH FRESH FRUIT 8</p> <p>LEMON PEPPER CHICKEN BROCCOLI PINEAPPLE CHUNKS WHOLE WHEAT ROLL</p>	<p>BAGEL, PLAIN CREAM CHEESE FRESH FRUIT 9</p> <p>PIZZA ITALIAN BLEND SIDEKICKS CHEX MIX</p>
 <p>19</p>	<p>BREAKFAST BURRITO FRESH FRUIT 20</p> <p>CHEESE ENCHILADA TAMALES PINTO BEANS MIXED FRUIT SCOOBY SNACKS</p>	<p>BREAKFAST COMBO BAR TORTILLA FRESH FRUIT 14</p> <p>SACK LUNCH DAY</p>	<p>BLUEBERRY MUFFIN FRESH FRUIT 15</p> <p>FRENCH TOAST STICKS HASH BROWNS SAUSAGE PATTIE FRESH FRUIT WHIPPED TOPPING</p>	<p>OATMEAL TOAST, 1 SLICE FRESH FRUIT 16</p> <p>STEAK FINGERS BROCCOLI PEARS WHOLE WHEAT ROLL</p>
<p>WAFFLES MINI EGGO BITES FRESH FRUIT 26</p> <p>CHEESE STICKS MAX POTATOES AUGRATIN PINEAPPLE CHUNKS</p>	<p>ENGLISH MUFFIN SAUSAGE/HASHBROWN FRESH FRUIT 27</p> <p>PHILLY STEAK SANDWICH CARROTS CINNAMON APPLE SLICES</p>	<p>CINNI MINIS FRESH FRUIT 21</p> <p>TORTILLA BURGER TATER TOTS PEACHES LETTUCE & TOMATO, DICED MUSTARD & KETCHUP</p>	<p>PANCAKE WRAP FRESH FRUIT 22</p> <p>CHILE CHEESE DOG CARROTS JELLO W/ FRUIT HS</p>	<p>COLD CEREAL, VARIETY TOAST, 1 SLICE FRESH FRUIT 23</p> <p>PIZZA BROCCOLI FRESH FRUIT</p>
	<p>BREAKFAST BURRITO FRESH FRUIT 28</p> <p>CHICKEN STICKS PINEAPPLE CHUNKS BROCCOLI WHOLE WHEAT ROLL</p>	<p>BREAKFAST COMBO BAR TORTILLA FRESH FRUIT 28</p> <p>CHICKEN STICKS PINEAPPLE CHUNKS BROCCOLI WHOLE WHEAT ROLL</p>	 <p>Your cafeteria is managed by Canteen of Central New Mexico</p>	